

Things to Get Rid of Right Now

Item	When to Keep	When to Toss
Cosmetics, Bath & Body Products	You love it, and it's less than 12 months old	Its over 3-12 months old, you no longer use it or it's broken
Clothing, Shoes, Accessories	You love it, you wear it, it's in good repair	It hasn't seen the light of day in 12 months, its worn, torn, or stained
Cleaning Supplies	Eco-friendly, effective, and you are using it	Objectionable smell, environmentally harmful, you don't use
Old Media & Electronic Devices	You watch or use regularly	It's just taking up space. You've watched it on Netflix recently
Old Photos	Brings back specific memories, kid's photos, heirloom photos	You have multiple copies. There are no people in pic. Is that mountain in Colorado or Montana?
Office Supplies	Keep enough on hand to be practical	Get rid of the rest
Food Products	Fresh, expiry date not past, you remember the date you put the leftovers in the fridge	Past the expiry date, or 2 weeks past the "sell by" date. When obviously spoiled, When you can't remember putting those leftovers in the fridge
Plastic Grocery Bags	Keep enough on hand to be practical	Take excessive plastic bags to a location that offers bag recycling. Walmart & other grocers often have drop-offs
Wrapping paper or gift bags	Keep enough on hand to be practical	Give way, donate, or recycle the rest
Décor Items	You love it, It's mere presence makes you happy	Its been put in a closet. It's broken, you don't even notice it's there any longer

Plastic or storage items, extra dishes, waterbottles, etc	It's still useful, and you have enough but not too much	It's missing lids, you have 20, you don't use it
Seasonal Decorations	You enjoy them. You can put everything out in less than 4 hours	Broken, outdated, anything that stresses you out when putting it together, it takes more than 4 hours to get it all put out or all put away
Garage Stuff	You use it, even if just seasonally	Anything "stored" more than 12 months, broken or obsolete equipment or supplies
Digital Life	Accounts you actively use	Multiple Social Accounts, accounts no longer in use - these put you at risk for hacking & theft. Old digital files or photos